

# IDENTITY MATRIX STUDENT'S PAGE

NAME \_\_\_\_\_

DATE \_\_\_\_\_

## GOALS

What results do you want to achieve? Be specific.

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## SYSTEMS

What actions will help you accomplish this goal?

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## IDENTITY

What kind of person could accomplish all of this?

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## OLD BELIEFS

What old beliefs are stopping you?

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## NEW BELIEFS

Pick a new identity trait to adopt.

## SMALL VICTORIES

Choose a small task to show you're living your new belief.

### NEW BELIEFS #1

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Fill tasks in the space below.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### NEW BELIEFS #2

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1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

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### NEW BELIEFS #3

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1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

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